



*2019 Winter Media Guide*

AUTHENTIC ALPINE ADVENTURE



# *Contents*

- 2 MT STIRLING
- 3 AUTHENTIC ALPINE ADVENTURE
- 4 WHAT'S NEW AT MT STIRLING IN 2019
- 5 STIRLING AT A GLANCE
- 6 STORY STARTERS AT MT STIRLING

# Mt Stirling

MT STIRLING IS MT BULLER'S WILDER, MORE ADVENTUROUS SIBLING.



## GETTING HERE

Easily accessible from Mansfield or Mt Buller, one entry fee covers entry to both Mt Buller and Mt Stirling resorts. Turn left after the resort entry gates and you will be whisked away through the wild rugged landscape up winding dirt roads for a true alpine experience.

## WHEEL CHAINS

### Day Visitors

Mt Stirling provides a daily wheel chain declaration for day visitors depending on snow and road conditions. Visitors should check the website the night before their visit. Click [here](#) for the latest information.

### Overnight visitors

Overnight visitors are required by law to carry wheel chains.

## PARKING FEES

Entry & Parking	Online	On arrival
Car Entry (per vehicle)	\$46.40	\$58
Overnight parking first night	\$46.40	\$58
Overnight parking per additional weeknight (Sunday–Thursday inclusive)	\$8	\$10
Overnight parking per additional weekend night (Friday & Saturday)	\$28	\$35

# *Authentic Alpine Adventure*

MT STIRLING IS A UNIQUE MOUNTAIN FULL OF LIFE AND ADVENTURE – JUST THREE HOURS DRIVE FROM MELBOURNE,



*As soon as you leave the bitumen road you are transported into a wild oasis of trickling streams and large native forests.*



## **BACKCOUNTRY TERRAIN**

Mt Stirling's best kept secret - backcountry bowls! Head out alpine touring and experience the untouched backcountry of Stanley Bowl. There you will find untouched snow, sensational views and if you're lucky fresh pow runs!

## **SNOW CAMPING**

Love your summer camping trips? Why not try snow camping! With the Alpine Camp operated by Stirling Experience, you can camp in comfort on raised accommodation tents located on the local Mt Stirling 'cricket pitch'. A cosy teepee located in the centre provides that little extra warmth as you finish your day with a hot choccie.

## **CROSS-COUNTRY SKIING**

There is something special about skiing through quiet Alpine ash trees as they tower above you, swaying slightly in the wind. With 68km's of maintained cross-country trails, there's plenty of room to explore. Lessons are available at the Mt Stirling Ski School.

## **SNOWPLAY**

With a toboggan and snowplay park just steps from the Mt Stirling Cafe at Telephone Box Junction, it's the perfect introduction for families experiencing snow for the first time. There is something truly magical about making your first snow angel!

## **SNOWSHOEING**

Snowshoes are a great way to explore Mt Stirling and the surrounds. Pick up a pair from Stirling Experience and go for a wander or join a guided snow-shoe tour through the Alpine ash forests.

## **MT STIRLING SKI SCHOOL**

Stirling Experience runs the Mt Stirling Ski School, offering lessons for all levels and all disciplines, as well as equipment hire - grab your skis, toboggans, snowshoes and more in the one spot.

## **MT STIRLING CAFE**

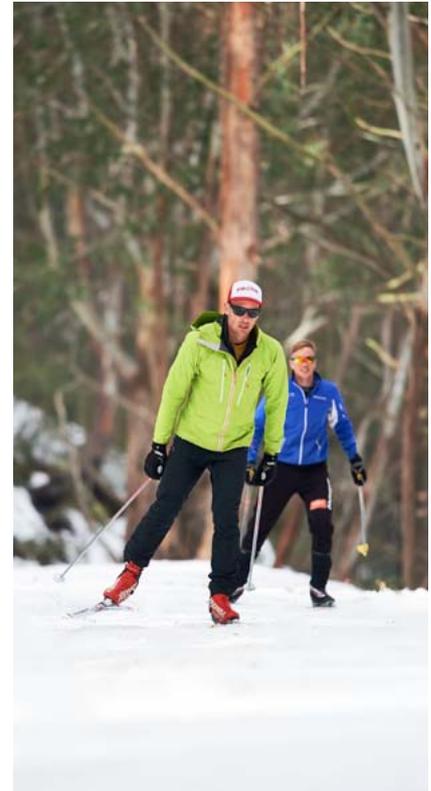
Stop by the cosy Mt Stirling Cafe to start or finish your adventure. With delicious local coffee, a menu full of homestyle delights and great trail advice, you might end up spending more time there than on the snow!

# What's new at Mt Stirling in 2019

MT STIRLING JUST KEEPS GETTING BETTER EVERY YEAR!



*With improvements around the resort to enhance the visitor experience, there is something for everyone at Mt Stirling.*



## **DON'T WASTE MT STIRLING INITIATIVE**

Have you spotted Larry the Lyrebird whilst visiting Telephone Box Junction at Mt Stirling? He is unique in that he is made entirely out of rubbish collected from the entry of Mt Stirling, made by students from Lauriston Girls' School (Howqua). The sculpture is part of a project to reduce litter by getting visitors to sort and remove their own waste. It builds on the ethic of 'carry in carry out' and 'leave no trace'. Overnight guests and groups are able to pick up their own portable waste kit from Stirling Ski Patrol at Telephone Box Junction.

## **MT STIRLING HYDRO**

After more than a ten year absence (caused by the Great Alpine Fires of 2006–07), the micro-hydroelectric facility was re-installed at Mt Stirling to provide a renewable energy supply to the visitor facilities at Telephone Box Junction (TBJ). Now in its second year of operation, Mt Stirling and her visitors can breathe a sigh of relief and enjoy the peace and quiet and lack of fumes within the Resort not having to rely on a diesel-powered generator for its electricity needs. Thanks to a government environmental grant and hard work from the Resort Management Board, Mt Stirling is happily now cleaner and greener!

## **THE MOUNTAIN AT YOUR FINGERTIPS**

New for 2019, our mobile-friendly website will make planning ahead and booking resort entry and parking even easier. [Book online](#) in advance to save big! View our daily trail and weather updates from Stirling Patrol and keep an eye on our live snow-cams for snow conditions.

# *Stirling at a glance*



## LOCATION AND ACCESS

- Scenic three hour drive from Melbourne (approx 230km north east of the city)
- Accessible via 2WD and 4WD (check for daily wheel chain requirements)



## DATES

The Mt Stirling snow season officially opens on Saturday 8 June 2019 and runs to Sunday 29 September 2019. Snow levels vary throughout the season so it's best to refer to the [Mt Stirling website](#) for the daily trail reports and snow updates.

- Average days open – 107



## TERRAIN

- Summit – 1749m
- Resort size – 3000ha
- Groomed trails suitable for cross-country skiing and snowshoeing
- Practice beginner slope for downhill skiing, telemarking and snowboarding
- Intermediate to advanced backcountry skiers, telemarkers and boarders will find a variety of off-piste terrain, including the infamous Stanley Bowl
- There are no chairlifts or tows at Mt Stirling – earn your turns!



## ACCOMMODATION

- Snow camping is permitted
- Guests can spend a night under the stars at the [Alpine Camp with Stirling Experience](#)
- Other than snow camping and mountain huts, there is no other accommodation at Mt Stirling, however Mt Buller, Merrijig and Mansfield offer a wide range of accommodation options



## FACILITIES AND SERVICES

- Ski patrol 7 days per week 8.30am–5pm
- Shuttle within the resort
- Education and interpretive activities

### Telephone Box Junction

- Visitor lounge with cosy fireplace
- First Aid Centre and Ski Patrol Base
- Mt Stirling Café
- Ski school and equipment hire
- Public toilets
- Winter bus service
- Toboggan slope

### Further afield

- Mountain huts for shelter and camping
- Shelters with fireplaces
- Alpine Snow Camp



## AT YOUR FINGERTIPS

The Mt Stirling website and its new mobile friendly counterpart is the best spot for the latest snow conditions and happenings all season long. Resort snowcams provide daily live vision of the resort with trail conditions updated daily. If you want a behind the scenes look at the what goes on at Mt Stirling, check out our Mt Stirling Facebook and Instagram.



## MEDIA CONTACT

We love to welcome bona fide journalists to Mt Stirling, for an authentic alpine adventure.

Rhylla Morgan  
[rhylla.morgan@skibuller.com.au](mailto:rhylla.morgan@skibuller.com.au)

# *Story starters at Mt Stirling*

WRITING A STORY AND NEED A FEW INSIDER TIPS AND LOCAL SECRETS? WE'VE GOT YOU COVERED FROM THE BEST TRAILS FOR SNOWSHOE ADVENTURES TO GETTING LESSONS WITH THE PROS.



## **EXPERIENCE FOREST BATHING**

The Japanese have been onto the healing powers of 'shinrin-yoku' or 'forest bathing' for decades. Why not prescribe yourself some time out in nature and let the quiet majesty of our tall Alpine ash forests sooth your mind and soul?

## **ALPINE SNOW CAMP**

Love going on camping trips in the summer and feeling a little more adventurous? Try Mt Stirling's only ski-in ski-out accommodation, the Alpine Camps located at the Cricket Pitch. The Alpine Camps operated by Stirling Experience allow you to camp in comfort at 1500 metres. With seven accommodation tents (each sleeping four people) surround a central teepee structure designed for dining and relaxing after a day's adventure with a nice pot belly stove.

## **WARM UP AT THE MT STIRLING CAFE**

The Mt Stirling Cafe is the perfect one-stop cafe for all your food and coffee needs. Whether you are looking for hearty meal, a quick coffee or an afternoon delight. Sit by the wood fire and warm up as you meet the locals and catch up on the low down of everyone's adventures. A warning - you'll be tempted to hire a pair of snowshoes or cross-country skis and go for a wander yourself!

The staff are extremely friendly and will give you the best local trail advice and even the best selfie spots to make all your friends jealous!

## **LESSONS WITH AN 'ADOPTED' LOCAL**

Winter after winter, our good friends from Estonia return for a season down under at Mt Stirling. The former World Champion ski instructors/guides have been welcomed into the community with open arms and know every turn and tree on the mountain - who else would you want by your side on our trails?

Head to the [Mt Stirling website](#) for more information.

## **BIG SHOES TO FILL...**

One of the best ways to immerse yourself in the natural environment of Mt Stirling is to put on a pair of snowshoes and go for a wander. Explore Mt Stirling's two interpretive loops around the resort for an engaging and interactive experience as you learn about the local flora and fauna or about the Indigenous Taungurung Clans. Snowshoe up to the Stirling Summit for 360 views, and you may even be able to spot some skiers on Mt Buller.